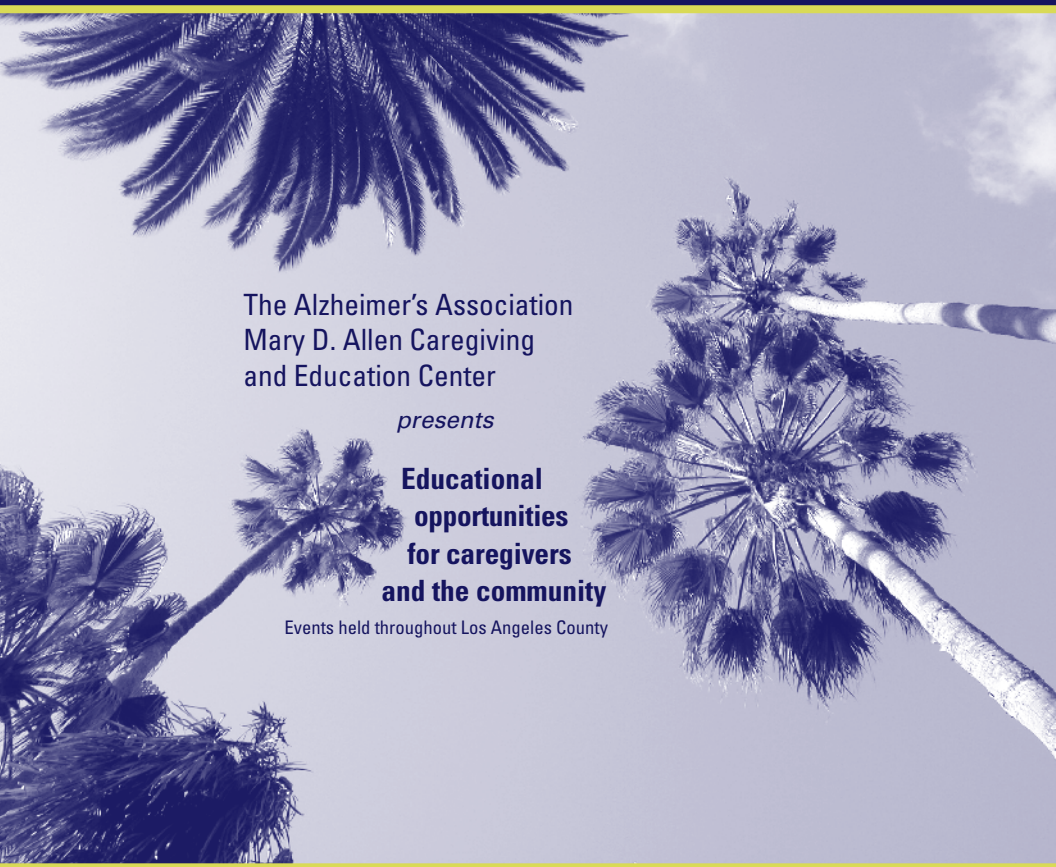


calendar of events

spring 2007



The Alzheimer's Association
Mary D. Allen Caregiving
and Education Center

presents

**Educational
opportunities
for caregivers
and the community**

Events held throughout Los Angeles County

calendar of events • spring 2007

All events are free.

Events are presented in English unless otherwise stated

Event day, time, topic and location are subject to change;
please call site in advance to confirm



800 272 3900 Helpline
800 633 5767 Línea de ayuda
www.alzla.org

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The printing of the Calendar of Events
is sponsored in part by the
Employees Community fund of Boeing California

CO-SPONSORS

AGS-Adult Day Center	Rancho Adult Day Services
All Point Home Health	Regency Grand at West Covina
AltaMed Health Services Corp	Santa Clarita Valley Senior Center
Assistance League- Leeza's Place	Santa Monica Home & Care
Assistance League of Southern California-Hollywood	Solheim Lutheran Home
Adult Day Services	St. Barnabas Senior Center/ White Memorial Hospital
Autumn Years	St. Didacus Church
Beach Cities Health District	St. Mary Medical Center- Senior Services
Bethel A.M.E Church	SunnyDay Adult Day Health Care
California Pools of Hope	The Ezra Center
Cerritos Senior Center	The Gardena Senior Day Care Center
Circle of Care- Leeza's Place	The Gay and Lesbian Center of Greater Long Beach
City of Pasadena	UCLA Healthcare 50Plus
Culver City Rotary Plaza	VIC/ Northwest Valley Adult Day Support Center
Culver City Senior Center	Weingart - Lakewood YMCA
Delta Sigma Theta Life Development, Inc	West Hollywood Comprehensive Service Center
Elder Support Services, Inc.	West LA Associated Student Organization
JFS Partners ADHC	Westminster Gardens Retirement Community
Law Offices of Mitchell A. Karasov	Willowbrook Senior Center
L.A. Mission College	
La Fetra Center	
Long Beach Lesbian & Gay Pride, Inc.	
Metropolitan Community Church Los Angeles	
Mexican American Opportunity Foundation (MAOF)	
Northridge Hospital Medical Center	
ONEgeneration Adult Day Care	

Co-sponsored events held in the vicinities of Beverly Hills, Culver City, Ladera, Long Beach, Santa Monica & West Hollywood are funded in part by a grant from the Los Angeles County Area Agency on Aging

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NOTE:

Some respite care funding is available for attending events held in these cities:
Beverly Hills, Culver City, Ladera, Long Beach, Santa Monica and West Hollywood
Please call Richard Yang for information,
(323) 930-6259

Aging Parents and Memory Loss

Learn about community resources that can assist in the caregiving process as well as tips on planning for the future.

TUESDAY, APRIL 3

10:00-11:00 am

St. Mary Medical Center
Senior Services
1050 Linden Ave., Long Beach
contact: Sandy Bazant, (562) 491-9811

WEDNESDAY, APRIL 11

5:00-6:00 pm

Weingart - Lakewood YMCA
5835 Carson St., Lakewood
contact: Beth Freeman, (562) 425-7431

SATURDAY, APRIL 28

10:00-11:00 am

La Fetra Center
333 E. Foothill Blvd., Glendora
contact: Tina Novodoczky, (626) 914-8235

TUESDAY, JUNE 19

2:00-3:00 pm

JFS Partners ADHC
7362 Santa Monica Blvd.,
West Hollywood
contact: Yelena Miller, (323) 883-0330

Alzheimer's Disease—What's That?

Learn the facts about memory loss, dementia and Alzheimer's.

TUESDAY, APRIL 3

5:30-6:30 pm

Rancho Adult Day Services
7601 E. Imperial Hwy.,
Bldg 802, Downey
contact: Jackie Rojo, (562) 401-7991

WEDNESDAY, APRIL 11

7:00-8:00 pm

The Gay and Lesbian Center of
Greater Long Beach
2017 E. 4th St., Long Beach
contact: Anna Rubin,
(562) 434-4455

WEDNESDAY, APRIL 18

10:00-11:00 am

Autumn Years
819 Buena Vista St.
Madonna Hall, Duarte
contact: Autumn Year Senior Resource
& Referral Service, (626) 932-3465

TUESDAY, APRIL 24

4:00-5:00 pm

Assistance League
of Southern California-
Hollywood Adult Day Services
1360 No. St. Andrews Pl., Hollywood
contact: Edna Landsman, (323) 957-3907
Spanish

ALZHEIMER'S DISEASE—WHAT'S THAT?, CON'T.

WEDNESDAY, APRIL 25

1:00–2:30 pm

Willowbrook Senior Center
12915 S. Jarvis Ave.
Auditorium Room 99, Los Angeles
contact: Roland Yorke, (310) 603-3358

THURSDAY, APRIL 26

12:00–1:15 pm

Bethel A.M.E Church, Social Hall
7900 S. Western Ave., Los Angeles
contact: Faye Harris, (323) 750-3240

THURSDAY, MAY 3

10:00–11:00 am

St. Mary Medical Center-
Senior Services
1055 Linden Ave., Long Beach
contact: Sandy Bazant, (562) 491-9811

SUNDAY, MAY 6

12:45–2:00 pm

Metropolitan Community Church
Los Angeles
8714 Santa Monica Blvd.,
West Hollywood

contact: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107

SUNDAY, MAY 6

3:45–5:00 pm

Metropolitan Community Church
Los Angeles
8714 Santa Monica Blvd.,
West Hollywood
contact: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107
Spanish

MONDAY, MAY 14

3:00–4:00 pm

Culver City Rotary Plaza
5100 Overland Ave., Culver City
contact: Sandy Schwartz, (310) 559-6834
Spanish

MONDAY, MAY 21

3:00–4:00 pm

Culver City Rotary Plaza
5100 Overland Ave., Culver City
contact: Sandy Schwartz, (310) 559-6834

The Forgetting: Portrait of an Epidemic

A 90-minute award-winning documentary produced by PBS on Alzheimer's disease research and treatment followed by a brief discussion about the film.

MONDAY, APRIL 2

1:00–3:00 pm

Cerritos Senior Center
12340 South St., Cerritos
contact: Gabriel Ayalde, (562) 916-8550

MONDAY, JUNE 4

7:00–9:00 pm

Delta Sigma Theta
Life Development, Inc.
2528 West Blvd., Los Angeles
contact: Gloria McWatt, (323) 735-5799

Health Fairs

Conference on Aging

Monday, April 16

7:45am–2:30 pm

City of Pasadena
393 N. Lake Ave., Pasadena
contact: (626) 744-6927

11th Annual ASO Health Fair

Wednesday, April 18

10:00 am–2:00 pm

West Los Angeles College Student
Health Center President's Lane
9000 Overland Ave., Culver City
contact: Agatha Pierre, (310) 287-4426

Senior Health Fair & Vascular Health Workshop

Thursday, April 26

8:00 am-12:00 pm

St. Barnabas Senior Center/
White Memorial Hospital
Park Plaza Hotel, 607 S. Park View, Los Angeles
contact: Danielle Cameron, (213) 388-4444, Ext. 209
English, Korean, Chinese, Spanish

Culver City Senior Health Fair

Tuesday, May 1

9:00 am-2:00 pm

Culver City Senior Center
4095 Overland Ave., Culver City

24th Annual Gay & Lesbian Pride Festival

Saturday, May 19

and **Sunday, May 20**

Rainbow Lagoon
Shoreline Dr., Long Beach
contact: www.longbeachpride.com
or (562) 987-9191

Healthy Body, Healthy Brain

Learn how taking care of your body, and therefore your brain, can help reduce your risk of memory problems.

MONDAY, APRIL 2

1:00–2:00 pm

Culver City Senior Center
4095 Overland Ave., Culver City
contact: Debbie Cahill, (310) 253-6715

MONDAY, APRIL 9

12:15–1:30 pm

Delta Sigma Theta Life Development,
Inc., Senior Meal Site
2528 West Blvd., Los Angeles
contact: Gloria McWatt, (323) 735-5799

FRIDAY, APRIL 13

2:00–3:00 pm

Solheim Lutheran Home
2236 Merton Ave., Los Angeles
contact: Enam El-Tawansy, (323) 257-7518

FRIDAY, APRIL 20

10:00–11:00 am

Westminister Gardens
Retirement Community
1420 Santo Domingo Ave., Duarte
contact: Bernadette Chang,
(626) 358-2569, Ext. 151

HEALTHY BODY, HEALTHY BRAIN, CONT.

SUNDAY, APRIL 22

12:45-2:00 pm

Metropolitan Community Church
Los Angeles
8714 Santa Monica Blvd.,
West Hollywood
contact: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107

SUNDAY, APRIL 22

3:45pm-5:00 pm

Metropolitan Community Church
Los Angeles
8714 Santa Monica Blvd.,
West Hollywood
contact: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107
Spanish

WEDNESDAY, MAY 9

7:00-8:00 pm

The Gay and Lesbian Center
of Greater Long Beach
2017 E. 4th St., Long Beach
contact: Anna Rubin,
(562) 434-4455, Ext. 231

THURSDAY, MAY 10

10:00-11:00 am

St. Mary Medical Center-
Senior Services
1050 Linden Ave., Long Beach
contact: Sandy Bazant, (562) 491-9811

WEDNESDAY, MAY 16

12:00-1:00 pm

Regency Grand at West Covina
150 S. Grand Ave., West Covina
contact: Kim Homer, (626) 332-3344

WEDNESDAY, JUNE 6

10:00-11:00 am

Autumn Years
819 Buena Vista St.
Madonna Hall, Duarte
contact: Autumn Year Senior Resource
& Referral Service, (626) 932-3465

SATURDAY, JUNE 9

8:30 am-12:00 pm

St. Didacus Church
14337 Astoria St, Sylmar
contact: Reservations required,
(818) 895- 9541
Spanish
see ad on page 13

MONDAY, JUNE 11

3:00-4:00 pm

Culver City Rotary Plaza
5100 Overland Ave., Culver City
contact: Sandy Schwartz, (310) 559-6834
Spanish

WEDNESDAY, JUNE 13

5:00-6:00 pm

Weingart - Lakewood YMCA
5835 Carson St., Lakewood
contact: Beth Freeman, (562) 425-7431

FRIDAY, JUNE 15

3:00-4:00 pm

Culver City Rotary Plaza
5100 Overland Ave., Culver City
contact: Sandy Schwartz, (310) 559-6834
Mandarin

How to Hire and Train Help in the Home

For family caregivers who are looking for extra help around the house and with caregiving duties.

MONDAY, APRIL 2

7:00–8:00 pm

Delta Sigma Theta Life
Development, Inc.
2528 West Blvd., Los Angeles
contact: Gloria McWatt, (323) 735-5799

Tuesday, May 22

4:00–5:30 pm

Assistance League
of Southern California-
Hollywood Adult Day Services
1360 No. St. Andrews Pl., Hollywood
contact: Edna Landsman, (323) 957-3907

Memory Loss and Aging

Learn how memory works and changes in memory as we age.

TUESDAY, APRIL 3

10:00-11:00 am

AGS-ADC
1925 W. Temple St. Ste 111,
Los Angeles
contact: Angelina Alpuerto, (213) 413-8257

WEDNESDAY, MAY 16

11:00 am-12:00 pm

AltaMed Health Services Corp
500 Citadel Dr. Ste 490, Los Angeles
contact: Arcelia Montes, (323) 307-0200
Spanish

TUESDAY, APRIL 24

2:00–3:00 pm

JFS Partners ADHC
7362 Santa Monica Blvd.,
West Hollywood
contact: Yelena Miller, (323) 883-0330

THURSDAY, MAY 17

10:00-11:00 am

St. Mary Medical Center-
Senior Services
1050 Linden Ave., Long Beach
contact: Sandy Bazant, (562) 491-9811

WEDNESDAY, APRIL 25

12:00–1:00 pm

Regency Grand at West Covina
150 S. Grand Ave., Covina
contact: Kim Homer, (626) 332-3344

THURSDAY, MAY 24

3:00–4:00 pm

VIC/ Northwest Valley
Adult Day Support Center
13047 Mason Ave., Conference
Room, Chatsworth
contact: Pamela White, (818) 775-0429

MONDAY, MAY 7

1:00–2:00 pm

Cerritos Senior Center
12340 South St., Cerritos
contact: Gabriel Ayalde, (562) 916-8550

MEMORY LOSS AND AGING, CONT.

WEDNESDAY, MAY 30

12:30–1:30 pm

Weingart - Lakewood YMCA
5835 Carson Steet, Lakewood
contact: Beth Freeman, (562) 425-7431

WEDNESDAY, JUNE 20

1:00–2:00 pm

Santa Clarita Valley Senior Center
22900 Market St., Santa Clarita
contact: front desk , (661) 255-1588

WEDNESDAY, JUNE 13

7:00–8:00 pm

The Gay and Lesbian Center
of Greater Long Beach
2017 E. 4th St., Long Beach
contact: Anna Rubin, (562) 434-4455, Ext. 231

FRIDAY, JUNE 22

3:00–4:00 pm

Culver City Rotary Plaza
5100 Overland Ave., Culver City
contact: Sandy Schwartz (310) 559-6834

Memory Loss and Stroke: Know the Facts

Learn about the risk factors associated with stroke-related memory loss and what you can do to protect yourself from it.

THURSDAY, APRIL 19

10:00–11:30 am

SunnyDay Adult Day Health Care
10530 Lower Azusa Rd., El Monte
contact: Charles Chuang, (626) 350-3886
English/ Mandarin

TUESDAY, MAY 22

2:00–3:00 pm

JFS Partners ADHC
7362 Santa Monica Blvd.,
West Hollywood
contact: Yelena Miller, (323) 883-0330

WEDNESDAY, MAY 30

3:30–4:30 pm

Westminster Gardens
Retirement Community
1420 Santo Domingo Ave.,
Packard Hall, Duarte
contact: Bernadette Chang,
(626) 358-2569, Ext. 151

MONDAY, JUNE 11

1:00–2:00 pm

Assistance League Leeza's Place
1370 N. St. Andrews Pl., Hollywood
contact: Yael Wytte, (323) 460-6877

Partnering with Your Doctor

A workshop on how you can get the most out of your doctor visits by coming prepared and being an active partner in your health care.

TUESDAY, APRIL 17

7:00–8:00 pm

Beach Cities Health District
514 N. Prospect Ave., 3rd Floor,
Beach Cities Room, Redondo Beach
contact: Kerianne Lawson, (310) 374-3426

TUESDAY, APRIL 17

10:00 am–12:00 pm

The Ezra Center
15270 Woodcrest Dr., Whittier
contact: Miriam Brookfield, (562) 943-3170

SUNDAY, APRIL 29

12:45-2:00 pm

Metropolitan Community Church
Los Angeles
8714 Santa Monica Blvd.,
West Hollywood
contact: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107

SUNDAY, APRIL 29

3:45-5:00 pm

Metropolitan Community Church
Los Angeles
8714 Santa Monica Blvd.,
West Hollywood
contact: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107
Spanish

TUESDAY, MAY 8

5:30–7:00 pm

Rancho Adult Day Services
7601 E. Imperial Hwy., Bldg. 802,
Downey
contact: Jackie Rojo, (562) 401-7991

TUESDAY, MAY 8

6:00–7:00 pm

Assistance League Leeza's Place
1370 N. St. Andrews Pl., Hollywood
contact: Yael Wyte, (323) 460-6877
Spanish

MONDAY, MAY 14

12:15–1:30 pm

Delta Sigma Theta
Life Development, Inc.,
Senior Meal Site
2528 West Blvd., Los Angeles
contact: Gloria McWatt,
(323) 735-5799

WEDNESDAY, JUNE 6

10:30 am-12:00 pm

AltaMed Health Services Corp
500 Citadel Dr., Ste 490, Los Angeles
contact: Arcelia Montes, (323) 307-0200
Spanish

THURSDAY, JUNE 7

10:00-11:00 am

Mexican American Opportunity
Foundation (MAOF)
972 S. Goodrich Ave., Commerce
contact: Elizabeth Jimenez, (323) 890-1555
Spanish

THURSDAY, JUNE 21

3:00–4:30 pm

VIC/ Northwest Valley
Adult Day Support Center
10347 Mason Ave.,
Conference Room, Chatsworth
contact: Pamela White, (818) 775-0429

Preparing for the End of Life

A discussion on end of life issues surrounding families caring for a person with Alzheimer's disease or dementia.

TUESDAY, APRIL 24

10:30 am-12:00 pm

Circle of Care Leeza's Place
5000 Van Nuys Blvd., Ste. 110,
Sherman Oaks
contact: Stefanie Elkins, (818) 817-3259

THURSDAY, MAY 3

3:30-5:00 pm

ONEgeneration Adult Day Care
17400 Victory Blvd., Van Nuys
contact: Leah Ziskin, (818) 708-6639

TUESDAY, JUNE 5

5:30-7:00 pm

Rancho Adult Day Services
7601 E. Imperial Hwy., Bldg 802, Downey
contact: Jackie Rojo, (562) 401-7991

TUESDAY, JUNE 26

4:00-5:30 pm

Assistance League of Southern California-
Hollywood Adult Day Services
1360 No. St. Andrews Pl., Hollywood
contact: Edna Landsman, (323) 657-3907

Taking Care of Yourself First: What Every Caregiver Should Know

Learn about the importance of self-care for caregivers and signs of burnout.

WEDNESDAY, APRIL 4

11:00 am-12:00 pm

AltaMed Health Services Corp
500 Citadel Dr., Ste. 490, Los Angeles
contact: Arcelia Montes, (323) 307-0200
Spanish

THURSDAY, APRIL 5

3:30-5:00 pm

ONEgeneration Adult Daycare
17400 Victory Blvd., Van Nuys
contact: Leah Ziskin, (818) 708-6639

TUESDAY, APRIL 17

10:00-11:00 am

St. Mary Medical Center-Senior Services
1050 Linden Ave., Long Beach
contact: Sandy Bazant, (562) 491-9811

THURSDAY, APRIL 19

4:30-5:30 pm

Assistance League Leeza's Place
1370 N. St. Andrews Pl., Hollywood
contact: Yael Wyte, (323) 460-6877

SATURDAY, APRIL 28

11:15am-12:15pm

La Fetra Center
333 E. Foothill Blvd., Glendora
contact: Tina Novodoczky, (626) 914-8235

MONDAY, MAY 7

7:00 pm-8:00 pm

Delta Sigma Theta Life Development., Inc
2528 West Blvd., Los Angeles
contact: Gloria McWatt, (323) 735-5799

TUESDAY, MAY 15

6:00-7:00 pm

Circle of Care Leeza's Place
5000 Van Nuys Blvd., Ste. 110, Sherman
Oaks
contact: Stefanie Elkins, (818) 817-3259

THURSDAY, MAY 17

10:00-11:30 am

SunnyDay Adult Day Health Care
10530 Lower Azusa Rd., El Monte
contact: Charles Chuang, (626) 350-3886
Mandarin

Understanding Communication & Challenging Behaviors

Learn communication techniques and steps to understand the causes of common behavior problems of someone with memory loss.

TUESDAY, APRIL 10

3:00–4:30 pm

Regency Grand at West Covina
150 S. Grand Ave., West Covina
contact: Kim Homer, (626) 332-3344

TUESDAY, APRIL 10

10:00-11:30 am

St. Mary Medical Center-
Senior Services
1050 Linden Ave., Long Beach
contact: Sandy Bazant, (562) 491-9811

THURSDAY, APRIL 26

10:30-11:30 am

California Pools of Hope
6801 Long Beach Blvd., Long Beach
contact: Linda Dixon, (310) 537-2224

THURSDAY, APRIL 26

1:00–2:00 pm

L.A. Mission College
13356 Eldridge Ave., Sylmar
contact: Professor Sandi Lampert,
(818) 364-7696

MONDAY, MAY 7

1:00–2:30 pm

Culver City Senior Center
4095 Overland Ave., Culver City
contact: Debbie Cahill, (310) 253-6715

TUESDAY, MAY 8

2:00–3:30 pm

West Hollywood
Comprehensive Service Center
7377 Santa Monica Blvd.,
West Hollywood
contact: Lida Soulikhan, (323) 876-1717

WEDNESDAY, MAY 16

1:00–2:00 pm

Santa Monica Home & Care
910-912 10th St., Santa Monica
contact: Gary Strathearn, (310) 266-9978

THURSDAY, MAY 17

10:00–11:00 am

Mexican American Opportunity
Foundation (MAOF)
972 S. Goodrich Ave., Commerce
contact: Elizabeth Jimenez, (323) 890-1555

THURSDAY, JUNE 7

3:30–5:00 pm

ONEgeneration Adult Daycare
17400 Victory Blvd., Van Nuys
contact: Leah Ziskin, (818) 708-6639

THURSDAY, JUNE 14

1:30-3:00 pm

The Gardena Senior Day Care Center
14517 S. Crenshaw Blvd., Gardena
contact: Edith Torres, (310) 217-9550
Respite available; please call site

TUESDAY, JUNE 19

6:00-7:30 pm

Circle of Care Leeza's Place
5000 Van Nuys Blvd., Ste. 110,
Sherman Oaks
contact: Stefanie Elkins, (818) 817-3259

Update on Research 2007

Learn about the latest research on memory loss, risk reduction and Alzheimer's disease.

THURSDAY, APRIL 12

3:00–4:00 pm

VIC/ Northwest Valley
Adult Day Support Center
10347 Mason Ave., Chatsworth
contact: Pamela White, (818) 775-0429

WEDNESDAY, MAY 30

1:00–2:00 pm

Santa Clarita Valley Senior Center
22900 Market St., Santa Clarita
contact: Front Desk, (661) 255-1588

MONDAY, JUNE 4

1:00–2:00 pm

Culver City Senior Center
4095 Overland Ave., Culver City
contact: Debbie Cahill, (310) 253-6715

WEDNESDAY, JUNE 6

2:00–3:30 pm

West Hollywood
Comprehensive Service Center
7377 Santa Monica Blvd.,
West Hollywood
contact: Lida Soulikhan, (323) 876-1717

MONDAY, JUNE 11

12:15–1:30 pm

Delta Sigma Theta
Life Development, Inc.,
Senior Meal Site
2528 West Blvd., Los Angeles
contact: Gloria McWatt, (323) 735-5799

EVENTO PREGUNTAS Y CAMBIOS DE LA MEMORIA

- Infórmese sobre los problemas de la memoria que afectan a los adultos mayores
- A dónde encontrar ayuda
- Cómo obtener un diagnóstico y tratamiento médico
- Evento, regalos y desayuno GRATIS

Fecha: Sábado, 9 de junio de 2007

Hora: 8:30 a.m.–12:00 p.m.

Lugar: St. Didacus Church
14337 Astoria Street
Sylmar, CA 91342

Patrocinado por: City of Los Angeles Department of Aging
UCLA Alzheimer's Disease Center



**CUERPO SANO,
MENTE SANA**

Para inscribirse, llame al
(818) 895-9541
o deje un mensaje en el
(323) 900-3180

Miscellaneous Events

Brain Connections

Wednesday, April 11, 2:30–4:00 pm

UCLA HealthCare 50 plus
OASIS Lecture Room
Macy's, Westside Pavillion,
10800 West Pico Blvd., Los Angeles
contact: Santa Monica UCLA Healthcare
50 Plus, (800) 516-5323

6th Annual This Day's For You Caregiver Wellness Day

Saturday, April 14, 8:00 am–3:00 pm

Alzheimer's Association
California State University
Northridge Northridge Center,
11811 Nordhoff St., Northridge
contact: Arturo, Montenegro,
(818) 677-4404

see ad on page 19

Advance Healthcare Directive & You

Wednesday, April 25, 2:30–4:00 pm

UCLA HealthCare 50 Plus
Santa Monica-UCLA Medical Center
Classroom B, 1250 16th St.,
Santa Monica
contact: Santa Monica UCLA Healthcare
50 Plus, (800) 516-5323

Memory Loss and Aging: Addressing Both Legal & Caregiving Issues

Tuesday, May 15, 6:30–8:30 pm

Northridge Hospital Medical Center,
Law Offices of Mitchell A. Karasov
and Elder Support Services, Inc.
Northridge Hospital Medical Center,
Education Auditorium
18300 Roscoe Blvd., Northridge
contact: Northridge Reservation line,
(818) 885-5488

Alzheimer's:

***My Mom, Our Journey* (Film)**

Thursday, June 28, 10:30–11:30 am

California Pools of Hope,
6801 Long Beach Blvd., Long Beach
contact: Linda Dixon, (310) 537-2224

en español

Cuidando al cuidador

Miercoles, 4 de abril, 11:00 am–12:00 pm

AltaMed Health Services Corp
500 Citadel Dr., Ste 490, Los Angeles
Contacto: Arcelia Montes, (323) 307-0200

Cuerpo sano, mente sana

Domingo, 22 de abril, 3:45pm–5:00 pm

Metropolitan Community Church
Los Angeles
8714 Santa Monica Blvd,
West Hollywood
Contacto: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107

¿Que es el mal de Alheimers?

Martes, 24 de abril, 4:00 pm – 5:00 pm

Assistance League of Southern California- Hollywood Adult Day Services
1360 No. St. Andrews Place, Hollywood
Contacto: Edna Landsman, (323) 957-3907

Senior Healthfair & Vascular Health Workshop

Jueves, 26 de abril, 8:00 am–12:00 pm

St. Barnabas Senior Center/
White Memorial Hospital
Park Plaza Hotel
607 S. Park View, Los Angeles
Contacto: Danielle Cameron,
(213) 388-4444, Ext. 209

Alianza con su doctor

Domingo, 29 de abril, 3:45pm–5:00 pm

Metropolitan Community Church
Los Angeles
8714 Santa Monica Blvd,
West Hollywood
Contacto: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107

¿Que es el mal de Alheimers?

Domingo, 6 de mayo, 3:45pm–5:00 pm

Metropolitan Community Church
Los Angeles
8714 Santa Monica Blvd,
West Hollywood
Contacto: Rev. Alejandro Escoto
(310) 854-9110, Ext.107

Alianza con su doctor

Martes, 8 de mayo, 6:00 pm–7:00 pm

Assistance League Leeza's Place
1370 N. St. Andrews Place, Hollywood
Contacto: Yael Wyte, (323) 460-6877

¿Que es el mal de Alheimers?

Lunes, 14 de mayo, 3:00 pm–4:00 pm

Culver City Rotary Plaza
5100 Overland Ave, Culver City
Contacto: Sandy Schwartz, (310) 559-6834

La memoria y la edad

Miercoles, 16 de mayo, 11:00 am–12:00 pm

AltaMed Health Services Corp
500 Citadel Dr., Ste 490, Los Angeles
Contacto: Arcelia Montes, (323) 307-0200

Comprendiendo la comunicación y las conductas desafiantes

Jueves, 17 de mayo, 10:00 am–11:00 am

Mexican American Opportunity
Foundation (MAOF)
972 S. Goodrich Ave., Commerce
Contacto: Elizabeth Jimenez, (323) 890-1555

Alianza con su doctor

Miercoles, 6 de junio, 10:30 am–12:00 pm

AltaMed Health Services Corp
500 Citadel Dr., Ste 490, Los Angeles
Contacto: Arcelia Montes, (323) 307-0200

Alianza con su doctor

Jueves, 7 de junio, 10:00 am–11:00 am

Mexican American Opportunity
Foundation (MAOF)
972 S. Goodrich Ave., Commerce
Contacto: Elizabeth Jimenez, (323) 890-1555

Cuerpo sano, mente sana

Sabado, 9 de junio, 8:30 am–12:00 pm

St. Didacus Church
14337 Astoria St, Sylmar
Contacto: Reservations required,
(818) 895-9541

Cuerpo sano, mente sana

Lunes, 11 de junio, 3:00 pm–4:00 pm

Culver City Rotary Plaza
5100 Overland Ave, Culver City
Contacto: Sandy Schwartz, (310) 559-6834

In Other Languages

Conference on Aging Monday, April 16, 7:45am- 2:30pm

City of Pasadena
393 N. Lake Ave., Pasadena
contact: (626) 744-6927
English, Spanish, Mandarin

Memory Loss and Stroke: Know the Facts

記憶衰退與中風
Thursday, April 19, 10:00am-11:30am
SunnyDay Adult Day Health Care
10530 Lower Azusa Rd., El Monte
contact: Charles Chuang, (626) 350-3886
English/ Mandarin

Senior Healthfair & Vascular Health Workshop

Thursday, April 26, 8:00am-12:00pm
St. Barnabas Senior Center/ White Memorial Hospital,
Park Plaza Hotel, 607 S. Park View, Los Angeles
contact: Danielle Cameron, (213) 388-4444 x209
English, Korean, Chinese, Spanish

Taking Care of Yourself First: What Every Caregiver Should Know

先照顧你自己:
每個照護者都應該知道的事
Thursday, May 17, 10:00am-11:30am
SunnyDay Adult Day Health Care
10530 Lower Azusa Rd., El Monte
contact: Charles Chuang, (626) 350-3886
Mandarin

Healthy Body, Healthy Brain 健康身體, 健康腦部

Friday, June 15, 3:00pm - 4:00pm
Culver City Rotary Plaza
5100 Overland Ave., Culver City
contact: Sardy Schwartz, (310) 559-6834
Mandarin

Education Series

A series of education events at one location providing thorough information to attendees on issues related to Alzheimer's disease, caregiving, and memory loss. It is not necessary to attend all events within a series.

ALTAMED HEALTH SERVICES CORP

500 Citadel Dr., Ste 490, Los Angeles
contact: Arcelia Montes,
(323) 307-0200

All events in Spanish

Wednesday, April 4, 11:00 am–12:00 pm
Taking Care of Yourself First: What Every
Caregiver Should Know

Wednesday, May 16, 11:00 am–12:00 pm

Memory Loss & Aging

Wednesday, June 6, 10:30 am–12:00 pm

Partnering With Your Doctor

CIRCLE OF CARE LEEZA'S PLACE

5000 Van Nuys Blvd, Ste.110,
Sherman Oaks
contact: Stefanie Elkins,
(818) 817-3259

Tuesday, April 24, 10:30 am–12:00 pm
Preparing for the End of Life

Tuesday, May 15, 6:00–7:00 pm

Taking Care of Yourself First:

What Every Caregiver Should Know

Tuesday, June 19, 6:00–7:30 pm

Understanding Communication
& Challenging Behaviors

EDUCATION SERIES, CON'T.

CULVER CITY SENIOR CENTER

4095 Overland Ave, Culver City
contact: Debbie Cahill, (310) 253-6715
Monday, April 2, 1:00–2:00 pm
Healthy Body, Healthy Brain
Monday, May 7, 1:00–2:30 pm
Understanding Communication
& Challenging Behaviors
Monday, June 4, 1:00–2:00 pm
Update on Reseach 2007

DELTA SIGMA THETA LIFE DEVELOPMENT, INC.

2528 West Blvd, Los Angeles
contact: Gloria McWatt,
(323) 735-5799

Series 1:

Monday, April 2, 7:00–8:00 pm
How to Hire & Train Help in The Home
Monday, May 7, 7:00–8:00 pm
Taking Care of Yourself First:
What Every Caregiver Should Know
Monday, June 4, 7:00–9:00 pm
The Forgetting

Series 2:

Monday, April 9, 12:15–1:30 pm
Healthy Body, Healthy Brain
Monday, May 14, 12:15–1:30 pm
Partnering With Your Doctor
Monday, June 11, 12:15–1:30 pm
Update on Reseach 2007

THE GAY AND LESBIAN CENTER LONG BEACH

2017 E. 4th Street, Long Beach
contact: Anna Rubin,
(562) 434-4455, Ext. 231
Wednesday, April 11, 7:00–8:00 pm
Alzheimer's Disease: What's That?
Wednesday, May 9, 7:00–8:00 pm
Healthy Body, Healthy Brain
Wednesday, June 13, 7:00–8:00 pm
Memory Loss & Aging

JFS PARTNERS ADHC

7362 Santa Monica Blvd,
West Hollywood
contact: Yelena Miller,
(323) 883-0330
Tuesday, April 24, 2:00–3:00 pm
Memory Loss & Aging
Tuesday, May 22, 2:00–3:00 pm
Memory Loss & Stroke: Know The Facts
Tuesday, June 19, 2:00–3:00 pm
Aging Parents & Memory Loss

METROPOLITAN COMMUNITY CHURCH LOS ANGELES

8714 Santa Monica Blvd,
West Hollywood
contact: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107
Sunday, April 22, 12:45–2:00 pm
Healthy Body, Healthy Brain
Sunday, April 29, 12:45–2:00 pm
Partnering With Your Doctor
Sunday, May 6, 12:45–2:00 pm
Alzheimer's Disease: What's That?

METROPOLITAN COMMUNITY CHURCH LOS ANGELES

8714 Santa Monica Blvd,
West Hollywood
contact: Rev. Alejandro Escoto,
(310) 854-9110, Ext.107
All events in Spanish
Sunday, April 22, 3:45–5:00 pm
Cuerpo sano mente sana
Sunday, April 29, 3:45–5:00 pm
Alianza con su doctor
Sunday, May 6, 3:45–5:00 pm
¿Que es el mal de Alzheimers?

EDUCATION SERIES, CON'T.

ONEGENERATION ADULT DAY CARE

17400 Victory Blvd., Van Nuys
contact: Leah Ziskin,
(818) 708-6639

Thursday, April 5, 3:30–5:00 pm
Taking Care of Yourself First:

What Every Caregiver Should Know

Thursday, May 3, 3:30–5:00 pm

Preparing for the End of Life

Thursday, June 7, 3:30–5:00 pm

Understanding Communication

& Challenging Behaviors

RANCHO ADULT DAY SERVICES

7601 E. Imperial Hwy.,
Bldg 802, Downey
contact: Jackie Rojo,
(562) 401-7991

Tuesday, April 3, 5:30–6:30 pm

Alzheimer's Disease: What's That?

Tuesday, May 8, 5:30–7:00 pm

Partnering With Your Doctor

Tuesday, June 5, 5:30–7:00 pm

Preparing for the End of Life

REGENCY GRAND AT WEST COVINA

150 S. Grand Ave., West Covina
contact: Kim Homer,
(626) 332-3344

Tuesday, April 10, 3:00–4:30 pm

Understanding Communication

& Challenging Behaviors

Wednesday, April 25, 12:00–1:00 pm

Memory Loss & Aging

Wednesday, May 16, 12:00–1:00 pm

Healthy Body, Healthy Brain

ST. MARY MEDICAL CENTER- SENIOR SERVICES

1050 Linden Ave., Long Beach
contact: Sandy Bazant,
(562) 491-9811

Tuesday, April 3, 10:00–11:00 am

Aging Parents & Memory Loss

Tuesday, April 10, 10:00–11:30 am

Understanding Communication

& Challenging Behaviors

Tuesday, April 17, 10:00–11:00 am

Taking Care of Yourself First: What Every

Caregiver Should Know

Thursday, May 3, 10:00–11:00 am

Alzheimer's Disease: What's That?

Thursday, May 10, 10:00–11:00 am

Healthy Body, Healthy Brain

Thursday, May 17, 10:00–11:00 am

Memory Loss & Aging

VIC/ NORTHWEST VALLEY ADULT DAY SUPPORT CENTER

10347 Mason Ave., Chatsworth
contact: Pamela White,
(818) 775-0429

Thursday, April 12, 3:00–4:00 pm

Update on Research 2007

Thursday, May 24, 3:00–4:00 pm

Memory Loss & Aging

Thursday, June 21, 3:00–4:30 pm

Partnering With Your Doctor

WEINGART - LAKEWOOD YMCA

5835 Carson St., Lakewood
contact: Beth Freeman,
(562) 425-7431

Wednesday, April 11, 5:00–6:00 pm

Aging Parents & Memory Loss

Wednesday, May 30, 12:30–1:30 pm

Memory Loss & Aging

Wednesday, June 13, 5:00–6:00 pm

Healthy Body, Healthy Brain



6th annual
this day's for you

Caregiver Wellness Day

A day for family caregivers
to focus on renewal,
resources, and support

Saturday, April 14, 2007

8:00 A.M.–3:00 P.M.

Northridge Center

California State University, Northridge

For information and reservations,
please call Arturo, (818) 677-4404

Hosted by:

alzheimer's  association™

California State University
Northridge

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Alzheimer's Disease and Related Disorders
Association of Los Angeles, Riverside &
San Bernardino Counties

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